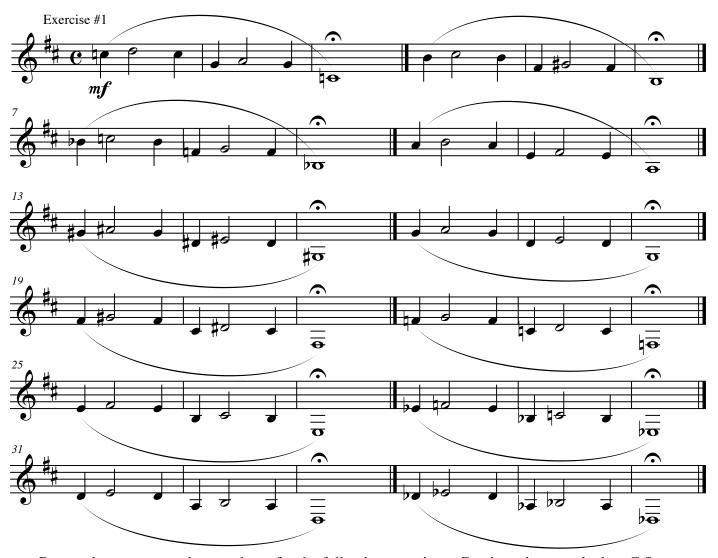
Relaxation Studies

Use one full breath for each phrase. Relax and release the air as you progress through each phrase. Strive to maintain a full, resonant sound and even timbre through each phrase.



Repeat the same procedure as above for the following exercises. Continue down to the low C flat at bottom of phrase. A quick breath may be necessary during Exercise #3.



